

KIBERAPAD CO

IMPROVING THE HEALTH OF GIRLS

Kibera Pad Co connects with grassroots leaders and schools in the slum, providing free sanitary pads and education about hygiene and self-worth. By encouraging our mentors to talk about periods, young girls are empowered to stay in school and are no longer ashamed and isolated.

KIBERA PAD CO SUPPORTS SCHOOLS AND FAMILIES WITH HEALTH EDUCATION.



DONATE TODAY at KIBERAPADCO.COM/DONATE



\$75

funds a year's supply of pads to keep 1 girl in school

\$375

funds a year's supply of pads to keep 5 girls in school

\$15,500

funds a year's supply of materials to create 195,000 sanitary pads!



KIBERAPAD CO

CHANGING LIVES

Kibera Pad Co creates employment opportunities for women at the micro factories, so mothers, aunts and grandmothers can work together to break the poverty cycle and keep girls in school.

KIBERA PAD CO MAKES SANITARY PADS, PROVIDING EMPLOYMENT TO SINGLE MOTHERS SO THEY CAN BREAK THE POVERTY CYCLE.



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HELP US TO KEEP GIRLS IN SCHOOL

KIBERA PAD CO HELPS YOUNG GIRLS
FINISH SCHOOL BY SUPPLYING FREE
SANITARY PADS.

Most families in Kibera Slum are living on less than US\$1 a day so purchasing sanitary pads is impossible. No privacy, knowledge or knickers means young girls are isolated mentally and physically. 65% of girls never finish high school leaving them sick and trapped in the poverty cycle.



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