

KIBERAPAD CO

IMPROVING THE HEALTH OF GIRLS

Kibera Pad Co connects with grassroots leaders and schools in the slum, providing free sanitary pads and education about hygiene and self-worth. By encouraging our mentors to talk about periods, young girls are empowered to stay in school and are no longer ashamed and isolated.

KIBERA PAD CO SUPPORTS SCHOOLS AND FAMILIES WITH HEALTH EDUCATION.



DONATE TODAY at [KIBERAPADCO.COM/DONATE](https://www.kiberapadco.com/donate)



\$75

funds a year's supply of pads to keep 1 girl in school

\$375

funds a year's supply of pads to keep 5 girls in school

\$20,000

funds a year's supply of materials to create 195,000 sanitary pads!